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### Annotated Bibliography

Ashbach, Heather. "Fat Phobia", UCI News, 12 August 2019.

<https://news.uci.edu/2019/08/12/fat-phobia/>

Ms. Ashbach wrote an article on "the stigma of larger—primarily female—body types and how deep racial and religious roots, rather than health concerns, led Western society to favor the lean." Lends vision and motivation behind the diverse character of Noelle Forestal, an obese woman dealing with body issues in the work place for the greater part of her life. Ashbach book "Fat Phobia Arose from Racism and Religion" provides a deeper look into the roots of Westernize obesity racism, even in the current world where obesity is the new normal.

Baker-Bell, April. "Linguistic Justice: Black Language, Literacy, Identity, and Pedagogy", Taylor & Francis. 28 April 2020.

In the linguistic section of this creative project, racism on Black versus White linguistic supremacy provides brief ethnographic information based on the coping of Black students using the "appropriate" language and racial biases in certain contexts of writing and dialogues. Baker-Bell explores the common approaches of Black language in the educational system, its "emotional harm, internalized linguistic racism, or consequences these approaches have on Black students' sense of self and identity." The main goal of this source highlights "Anti-Black Linguistic Racism as a framework that explicitly names and richly captures the linguistic violence, persecution, dehumanization, and marginalization

Black Language-speakers endure when using their language in schools and in everyday life.”

Bogart, Anne. *A Director Prepares Seven Essays on Art and Theatre*, Routledge, 2010, “Chapter 9: Do Your Homework and Know When to Stop Doing Your Homework” pp. 132-135.

[https://docuri.com/download/anne-bogart-a-director-prepares\\_59c1cfa5f581710b2863f0e0\\_pdf](https://docuri.com/download/anne-bogart-a-director-prepares_59c1cfa5f581710b2863f0e0_pdf)

The collection of seven essays by Anne Bogart on *Art and Theatre* including, commentary from Japanese director Tadashi Suzuki. The findings show that first there has to be a reason for movement and then articulation, all moment on the stage happens by being vulnerable. This offers insights into devise movement in theater and helping the performers to be vulnerable to create the organic process of creation. Quotes – 1. “...accidents can be channeled into the shape of a production. And these shapes contain energy, memory and necessary ambiguity.” (Bogart 132) 2. “We were, at that moment, sitting together at a table. ‘Imagine that we are at a table with a group of actors, studying a play,’ he said and then picked up his chair where he and I had been seated together and moved it away from me to a certain distance. Then he placed the chair down and started to look at me intently. I felt exposed. ‘No actors actually want to perform their scene sitting around a table.’ By moving away he created a stage and with his gaze he suggested the exquisite pressure of an audience’s attention. Suddenly the comfort of gathering around discussing ideas was replaced with the rapt attention of a man who looks at you and says ‘show me’.” (Bogart 134-135)

Bogart, Anne and Landau, Tina. *The Viewpoints Book: A Practical Guide to Viewpoints and Composition*, Theatre Communications Group, 2007.

<https://stilluntitledproject.files.wordpress.com/2014/11/anne-bogart-and-tina-landau-the-viewpoints-book.pdf>

This book is a compiled of Six Viewpoints out of personal experience and belief, by Anne Bogart in her collaborative effort of work in experimental theatre. Including, dance, movement, time and space. In the research a philosophy formed into training, working with an ensemble and then adding movement of the performers on stage. Awareness is one of the major relevant factors in the book, it provides additional methods to use movement through time and space. The Viewpoints of this book directs the motivation of the performer creations during development. The second relevant factor is that this book was inspired during a shift marked by protests, marches for civil rights...during the 1960s, which changed the way audiences saw the current world around them. Experimental performances were held in untraditional venues (rooftops or rolling platforms), a basis of improvised theatre.

Brown, Channing Austin. "I'm Still Here: Black Dignity in a World Made for Whiteness", Convergent Books, published New York, 2018

Brown talks about her own experiences with racism within various lenses, the work place, at church, her family, in college and "throughout all of this, embracing being Black." The relevance of being a Black woman in a master's college program writing Black linguistics, working in a predominantly Caucasian male industry and now a Tenured Professor in a predominantly white college.

Cooley, Erin, Ryan Lei, Jazmin Brown-Iannuzzi, and Taylor Ellerkamp. "Personal Prejudice, Other Guilt: Explicit Prejudice toward Black People Predicts Guilty Verdicts for White Officers Who Kill Black Men." *Personality and Social Psychology Bulletin* 45.5 (2019): 754-66. Web.

Erin Cooley, Assistant Professor of Psychology at Colgate University addresses in this bulletin with other colleagues that across the U.S. acquittals of White police officers who

have killed Black men have caused clashes between those who see these interactions as blatant acts of racism versus those who see them as race-irrelevant acts of officer's self-defense. The research shows low guilt for a White officers whenever they murder a Black man. Instead, it is generally perceived that the officer was in danger. The study showed when the victim is Black; racial biases are formed automatically as a threat that results in lethal action taken when the suspect is a Black man.

DeHais, Eddie. Devised Theater Personal Interview. 16 July 2020. [www.eddiedehais.com](http://www.eddiedehais.com)

Eddie DeHais a non-binary director, choreographer, writer, and devise theatre artist who creates space of rigorous collaboration, abundant empathy, and radical joy to investigate the best, worst of human nature both in new work, and traditional scripts. They create epic, transformational, sensorial experiences that empowers artists and audiences to engage with difficult and conflicting truths in moments of shared humanity. Eddie's conviction is that active and engaging storytelling can change lives and the world.

Garcia, Vanessa. "The Paradox of Devised Theater on the Twenty-First Century Stage." Online Source Publication: 21 July 2013, <https://howlround.com/paradox-devised-theater-twenty-first-century-stage>.

In this article about devised theater, Vanessa Garcia states that the script is written as the actors rehearse together on stage improvising. Ms. Garcia and her actors discovered that when an artist is able to free themselves from all limits and boundaries, they could emerge from under the surface of their old selves. The foundation of devise theatre is a deep process of going into the realms of oneself that may not have been discovered before. The form of this type of theatre is more about the process than the product. The relevancy of

this book gives direction on how to encourage the performers and the process of creating theatre via emergence from within.

Given, Lisa M. "The SAGE Encyclopedia of Qualitative Research Methods", 0 vols. Thousand Oaks, CA: SAGE Publications, Inc., 2008, doi: 10.4134/9781412963909.

In this encyclopedia, Ms. Given has provided scholarly, educational and thorough action research to provide uniquely suited information pertaining to ever-evolving change.

Based on the reader's guide, this information will provide approaches, methodologies, arts-based research, research design and planning, research ethnics and textual analysis for ethnodrama. In this text, the exploration of human elements of a given theme, display qualitative methods, which show the human species view and feel about the world around them.

Hersch, Joni. "Skin Color, Physical Appearance, and Perceived Discriminatory Treatment"

*Journal of Socio-Economics*, volume 40, issue 5, p. 671 – 78, 2011.

Hersch paper focuses upon evaluations of attractiveness and skin tone, weight, and height perspectives and how that information provides evidence exhibits discrimination within certain various contexts. The scope of these insights will provide characters within the devise and core highlights of the thesis by looking at skin color and weight as factors of discrimination period.

Jung, Carl Gustav. "The Basic Postulates of Analytical Psychology." *Modern Man in Search of a*

*Soul* et al., Martino Fine Books, pp. 173–195, 2017.

The chapter of this book Carl Jung implies that souls of the departed are shadows, called *synopados* by the Greeks. In addition to, Jung fosters that the view of the soul as an objective reality, nonetheless, the soul is something independent, dangerous and

inquisitive—the source of life. Therefore, the “I” is part of an independent soul—ego consciousness, which stems from an unconscious human being. The theory proposes that when the “I” no longer exist during sleep, our soul/psyche still exist beyond the physical. The relevancy of this source brings to light that we are souls, conscious beings on this planet, when we can remove the “I” or the our own biases, we will be able to witness the souls of others, and the life force of their consciousness and life force. Part of the play will focus to emerge from the soul of the performer, displaying that we are all a unified beings of souls, what I call the Rainbow Coalition.

Kaufman Moises, et al. *Moment Work: Tectonic Theater Project's Process of Devising Theater*. Vintage Books, a Division of Penguin Random House LLC, 2018.

This source is a book of research conducted by Kaufman and Pitts-McAdams and a group of other directors and writers, part of the creators of Tectonic Theater Project, examined the developmental form of devised theater. The book shows methodologies helpful for experimenting with the process of making plays using “Moment Work”. Nevertheless, Kaufman believes that there needs to be a clear set of definitions for devising these moments by actions on the stage that create the narrative. The organic process of theatrical creation brings to life a storyline of narratives through intuitive moments first, then words on paper. The perspectives and chronicles of new devised work lends the basis of the theatrical creation of this new play.

Loy, Mina. "Aphorisms on Futurism" from *The Last Lunar Baedeker*, publisher Jargon Press, 1982 by Mina Loy. Reprinted by permission of The Estate of Mina Loy. Originally Published: October 13th, 2009  
<https://www.poetryfoundation.org/articles/69405/aphorisms-on-futurism>

Ms. Loy's poetics theory on futurism the writer faced misogyny and fascism in 1915 leading her to leave the futurist movement. "Loy, a writer known for her frank embrace of female sexuality and feminist politics, joined the futurist movement in 1913. Nevertheless, she quickly encountered conflict regarding the movement's perception of women. Her manifesto addresses those conflicts within a context of support for the movement's forward-looking vision. Loy sees the female body as a site of resistance, and advocates affirmation and growth rather than destruction." Her poetry focuses on a particular time, emotion, conflicts, and perceptive forced on the female body, which existed over a hundred years.

Mendez, Aixa. Theatre and Ethnodrama director, professor and Ph.D Sociology Student at U.C.F  
Personal Interview, 18 September 2020.

My colleague and Theatre Professor at Valencia College, Ms. Aixa Mendez has devised, studied Kaufman Moises work such as the "The Laramie Project". Mendez has written devised Ethno dramas; "Planting Seeds", "Red Light: Why Doesn't It Stop" premiere November 20, 2020 virtually. In addition, "Dancing with Words" involving ten women intimates after a serendipitous meeting with a Judge who had work with juveniles using theatre as a mechanism of support, and as a theatre artist, she yearned to use those well-developed theatre skills to create compelling stories with inmates. Mendez planned her availability, and furthermore, accepted the idea of creating life stories with the inmates housed in their correctional facilities. This provided structural information for devising live theatre virtually and creating time for the process.

Pagan, Jose A, Davila, Alberto. "Obesity, Occupational Attainment, and Earnings", Social Science Quarterly, volume 78, Issue 3, p. 756 – 70, 1997.

Pagan and Davila journal provide investigated data, which shows results from a multinomial logit specification tool that researched “the occupational selection of obese individuals.” The journal states, “...women pay a penalty for being obese, but overweight males, via occupational mobility, sort themselves into jobs to offset this penalty.”

This information is relevant the core points of the thesis on racism: gender and sexuality.

Plato. “The Republic”, Oxford University Press, 1978.

The book offers an allegorical account of what prisoners see and hear in a cave with images casted on a wall by fire. Socrates character compare and contrast statues and artifacts that people have made cast a shadow on the cave wall. Including, that these artifacts that people carry, the unusual prisoners are very much like us human beings. This is relevant to my play, as the world outside the cave represents knowledge, inside the cave represents ignorance, the shadows on the wall represent screens (TV or computer) and people are programmed to their own biases, (implicit, hidden, and taught). However, the prisoner who gets free from their chains are cured of their lack of insight. Symbolic of the manipulated control shown, spoken, and demonstrated during this pandemic, protests, marches, and the murder of George Floyd leading to an intensity building up of BLM.

Rajunov, Micah and A. Scott Duane. “Non-Binary: Memoirs of Gender and Identity.” Columbia University Press, 2019.

The voice of Suzi in the book wonders, “Whether she’ll ever “feel” like a woman after living fifty years as a man, to Aubri, who grew up in a cash-strapped fundamentalist household, to Sand, who must reconcile the dual roles of Trans advocate and therapist, the writers’ conceptions of gender are inextricably intertwined with broader systemic

issues. Labeled gender outlaws, gender rebels, genderqueer, or simply human, the voices in Nonbinary illustrate what life could be if we allowed the rigid categories of “man” and “woman” to loosen and bend”.

Saad, Layla F. “Me and White Supremacy: Combat Racism, Change the World, and Become a Good Ancestor”, Blackstone Publishing, 2020.

Holly Caangay, a singer, spoken word, and spiritualist part of the ensemble provided this book as her research as her quest is to become an ally and learn about people of color. Holly’s goal to learn how her ‘whiteness’ and white privilege has made her ignorant to the real world she grew up within.

Saldana, Johnny. “Ethnodrama: An Anthology of Reality Theatre”, AltaMira Press, 2005.

Saldana’s book provides research, academic disciplines ranging from the fine arts to social sciences, and traditional and artistic techniques of theatre production.

“Ethnotheatre is just one of the several forms available to present and represent a study of people and their culture—ethnography. Depending on your values system, ethnodrama can be perceived as a legitimate and credible form of research documentation, or as an ‘alternative’, ‘experimental’ lesser-than mode of fieldwork reporting.” It presents a purpose of educating an audience on current issues and affairs. In this creative thesis—ethnodrama and devise work it fits the “impressionist tale” that highlights real racist and prejudicial circumstances, beliefs, perspectives in our Western world that infringes the lives of many people.

Saldana, Johnny. “Ethnotheatre: Research from Page to Stage”, Taylor & Francis Group, 2016, First published Left Coast Press, Inc. 2011.

The relevance of this book by Saldana focuses on chapter 4, “Writing Ethnodramatic Dialogue”, chapter 5 “Envisioning Ethnotheatricality”, and chapter 6, that focuses on “An Ethnotheatre Aesthetic”. These particular chapters will assist during the play script writing concluded research and devised rehearsals and performance.

Sawyer, Jeremy, and Anup Gampa. “Implicit and Explicit Racial Attitudes Changed During Black Lives Matter.” 2018, doi:10.31234/osf.io/29j7y.

This article by Sawyer, City University of New York, and Gampa, University of Virginia on *Implicit and Explicit Racial Attitudes Changed During Black Lives Matter* between 2009 - 2016. Black Lives Matter started in July 2013 and killing of Trayvon Martin by George Zimmerman. “Notwithstanding the genocide of Native Americans, Blacks and Whites have been the primary racial groups that have anchored racist ideology in the U.S., with anti-Black racism mirrored in the ideology of White supremacy.” Hashtag #BLM movement launched in order to address racism in the U.S, the oppression of Black people, and the contribution that Black people have been to American society. The relevancy of this article lends to the narrative of implicit attitudes that are associated with people who endorse social groups, such as the high levels of negative associations regarding Blacks.

Shinall, Jennifer Bennett. “Occupational Characteristics and the Obesity Wage Penalty” (October 7, 2015). Vanderbilt Law and Economics Research Paper No. 16-12, Vanderbilt Public Law Research Paper No. 16-23, 21 Jan 2014.

[https://papers.ssrn.com/sol3/papers.cfm?abstract\\_id=2379575](https://papers.ssrn.com/sol3/papers.cfm?abstract_id=2379575)

Shinall’s abstract provides relevant thesis information pertaining to bias of obese women in the workforce more prone to work physical jobs versus this pattern for obese men is non-existent. There is also a wage gap between both obese women and men, even though

physical active jobs on average pay close to minimum. In addition to, “few obese women who work in public interaction occupations receive lower wages than non-obese women, and their penalty offsets the general premium to working in a job emphasizing public interaction.”

Torres, Nora Gamez. “Miami Herald.” *As the Country Debates Racism, Support for Trump and Views on Race Divide Cuban Americans*, 24 June 2020.

[www.miamiherald.com/news/local/community/miami-dade/article243659282.html](http://www.miamiherald.com/news/local/community/miami-dade/article243659282.html).

Yesined Ajete an actor, dancer, and Cuban immigrant knows the battle of becoming an American first hand. Yesi came to America in 1995 as a political refugee because her grandfather was in jail for seven years for speaking out against the Cuban government. She recommend this article by the Miami Herald, because many Cubans have an issue with their own government and Black Cubans. Cubans suffer an inferiority complex against the darker Cuban people.

The Editors of Encyclopedia Britannica. “Black Theatre.” *Encyclopedia Britannica*,

Encyclopedia Britannica, Inc., 19 July 2019, [www.britannica.com/art/black-theatre](http://www.britannica.com/art/black-theatre).

This source is an encyclopedia article on Black Theatre in the arena of American Theater. Black theater flourished during the Harlem Renaissance of the 1920s and 30s. However, experimental black theatre emerged in Chicago, New York, and Washington, D.C. Strong “black aesthetic” theatre came thirty years later. The relevancy of this article mentions the black theatre was angrier, raw, and challenged whites’ who exploited blacks before the Civil War.

Watterson Meggan. “Mary Magdalene Revealed: The First Apostle, Her Feminist Gospel and the Christianity We Haven’t Tried Yet”, Hay House, Inc., 2019

Kristin Wheeler, part of the devise performers (artist in iconography painter) recommended this book as her main inspiration on the true voice of feminism in the Christianity religion. Watterson a Harvard-trained theologian book lends a different perspective of Mary Magdalene gospel, highlighting deep revelations buried in the Egyptian desert after an edict was sent out in the 4<sup>th</sup> century to have all copies of it destroyed. The fortunate happenstance is that rebel monks resisted, hence why we have these manuscripts “the only one written in the name of a woman”, the gospel of Magdalene.

Wheeler, Kristin. Modern Iconographer Personal Interview. [www.moderniconographer.com](http://www.moderniconographer.com)

Mrs. Kristin Wheeler is a modern day iconographer, painter, photographer, writer, spiritualist, and Deacon in training in the Episcopal Church. Her contribution to the devise ensemble virtual painting Canon/Bible of feminism misrepresentation.

Wormser, Richard. “The Rise and Fall of Jim Crow” *The Rise and Fall of Jim: The Companion to the PBS Television Series*, St. Martin’s Press, 2003.

Hannibal Callen’s an actor in the devise ensemble recommended this book for his motivation. The video documentary and/or book examines begins at the end of the Civil War and Reconstruction era, a period that promised a better livelihood and life for freed black men and women. America was not evenly distributed with the same point of view of Black Americans have rights to land, civil and political rights, and legal due process, in turn the North broke away from the South. The divide caused not only segregation, but also the continuation of violence, trauma and murder of Black Americans.